# KRAV MAGA ROCHESTER

# CLASS SCHEDULE

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Fighting Fit<br>6:00 PM – 6:45 PM | Krav Maga<br>Street Defence<br>7:00 PM – 8:00 PM | Fighting Fit<br>6:00 PM – 6:45 PM | Krav Kids<br>6:00 PM – 6:45 PM | Fighting Fit<br>6:00 PM – 6:45 PM |
| | | Krav Maga<br>Street Defence<br>7:00 PM – 8:00 PM | Krav Maga<br>Street Defence<br>7:00 PM – 8:00 PM | |

**Class times are subject to change. Please sign up for e-mail updates.**

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